

## **ACTIONS – what a dancer does**

- Travel
- Turn
- Gesture
- Elevation
- Stillness
- Floor work

## **SPACE – where a dancer moves**

- Levels
- Pathways
- Direction

## **DYNAMICS – how a dancer moves**

- Fast/slow
- Sudden/sustained
- Strong/light
- Flowing/abrupt

## **RELATIONSHIPS- how dancers move with others**

- Lead & follow/ Action & reaction
- Mirroring
- Contrast
- Contact
- Formations

## **Safe Practice**

- Safe execution
- Appropriate dancewear
- Lifting and supporting others
- Effective warm up
- Effective cool down
- Alignment
- Posture
- Preparation into jumps
- Landing from jumps

## **Choreographic devices**

How movement is manipulated

- Motif – short phrase or single movement
- Motif development
- Repetition
- Contrast
- Highlights
- Climax
- Unison
- Canon
- Retrograde

**Aural setting:** classical music/instrumental music/song/ body percussion / Found Sound/ Natural sound / silence / spoken word

## **Street dance – new key terms**

Waaking  
Breaking  
House  
Popping and Locking  
Waving  
Animation  
Krumping  
Dance battle  
Improvisation

## **Physical Skills**

- Alignment
- Posture
- Balance and control
- Flexibility
- Stamina and strength
- Coordination
- Extension and isolation

## **Expressive Skills**

- Focus
- Projection
- Facial Expressions
- Musicality
- Group awareness
- Sensitivity to other dancers
- Communication of dance idea

## Weekly tasks:

### **Week 1:**

Learn the action words by using this strategy

Extension: can you perform a movement for each of these actions



### **Week 2:**

Practice the warm up phrases you learnt in class

Recall action words using look, cover, write, check

### **Week 3:**

Practice the warm up phrases and any choreography you created this week

Recall action words using look, cover, write and check

Learn the space words - can you find another way to learn these words

Extension: can you create a motif and change the levels on each action

### **Week 4:**

Practice the warm up phrases and any choreography you created this week

Recall action and space words using look, cover, write and check

Learn the dynamics words - can you find another way to learn these words

Extension: can you create a motif and perform it with contrasting speeds

### **Week 5 and Week 6**

#### **Practice the choreography for the final topic sharing**

Create a poster for your favourite street dance style

It should include: origins, background, links to music, links to fashion, key movements, famous dancers

Please submit on googleclassroom

<https://drive.google.com/file/d/1DYSIzHK0-6ZOUHHevTIMk7ZgQvOhLc-c/view?usp=sharing>