

Year 7 Dance Musicals 1 - Autumn 2 Knowledge Organiser

Aural setting

Music
Body percussion
Found sound
Natural sound
Silence
Spoken word

Safe practice

- Appropriate dancewear
- Lifting and supporting others
- Effective warm up
- Effective cool down
- Alignment
- Posture
- Preparation into jumps
- Landing from jumps

- ## Physical Skills
- Alignment
 - Posture
 - Balance and control
 - Flexibility
 - Stamina and strength
 - Coordination
 - Extension and isolation

- ## Expressive Skills
- Focus
 - Projection
 - Facial Expressions
 - Musicality
 - Group awareness
 - Sensitivity to other dancers
 - Communication of dance idea

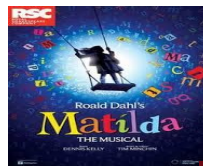
What is musical theatre?

- Is a genre of theatre which combines songs, spoken dialogue, acting and dance
- Musicals usually tell a story covering a range of emotions, from humour and love to anger and sadness
- Very often the music is played live by an orchestra
- There are main characters and cast of ensemble performers



Aladdin
Disney musical

The Lion King
Disney musical



Matilda
Royal Shakespeare production



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Weekly tasks:

Week 1:

Practice the class warm up
Learn the physical skills word list

Week 2:

Practice the class warm up
Recall physical skills and learn the list of expressive skills

Week 3:

Practice the class warm up
Recall physical skills and expressive skills

Week 4:

Research the role of a “ swing” and a “ dance captain” [submit this on google classroom](#)

Week 5:

Practice your choreography for the end of topic performance

Week 6:

Create a one A4 factfile on your favourite of the three musicals we have studied? [Submit this on google classroom](#)

